### NASW-IL Monthly Tracking Log for Supervised Hours Toward Illinois LCSW Licensure

Tracking Hours for Supervised Clinical Practice and Professional Work Experience

#### PURPOSE:

The primary objective of supervision in pursuit of the LCSW license is educational. Both the supervisor and the supervisee share joint responsibility for the supervision process, ensuring that each party is well-prepared and actively engaged. The supervisee's practical experience is primarily derived from their current practice setting, supplemented by any additional experience pertinent to clinical social work. Supervision aims to facilitate exposure to the broadest range of practice aspects available within the supervisee's current professional environment.

Although maintaining a log of hours is mandatory, this specific document is neither approved nor required by the Illinois Department of Financial & Professional Regulation (IDFPR). You have the flexibility to record your hours in any format that fulfills the licensure requirements. This document, which we recommend completing monthly, is intended to help both the supervisee and supervisor track the supervised clinical practice hours required for LCSW licensure in Illinois while fulfilling the log requirement. This document aligns with the structure of the newly updated IDFPR VE-SW Form (Verification of Employment/Experience Form). While the supervisor is only required to complete the VE-SW form upon the conclusion of the supervisee's mandated clinical practice hours, we still advise completing that form (in duplicate) annually to ensure comprehensive documentation.

Supervisors are encouraged to adopt a comprehensive approach when evaluating supervisees' experiences and to facilitate opportunities for varied experiences whenever possible. However, both the applicant and the supervisor should remain aware that the primary goal is to achieve sufficient competency in clinical social work practice, enabling the applicant to qualify for a license to practice clinical social work independently. **PLEASE NOTE:** For clinical supervision hours, only categories 1 and 2 listed on page 2 are eligible. For hours applied toward the Alternative to the Exam pathway, categories 1 through 8 are accepted.

The supervisee is responsible for maintaining a log of their time spent. It is recommended that this log be reviewed periodically throughout the supervision process to ensure comprehensive tracking and reflection on the supervisee's progress.

Upon completion of the required supervision hours, the supervisee can access the necessary forms and further guidance on the IDFPR website at https://idfpr.illinois.gov/.

**NOTE:** A supervisee may engage with multiple clinical supervisors, either consecutively or simultaneously, to fulfill their required supervision hours, although your total weekly hours cannot exceed 40 hours per week. In these instances of multiple clinical supervisors, each supervisor must complete a VE-SW Form upon concluding their supervision period with the supervisee. You can view other requirements and a supervision FAQ at <a href="https://www.naswil.org/supervision">https://www.naswil.org/supervision</a> and at <a href="https://idfpr.illinois.gov/">https://idfpr.illinois.gov/</a>.



#### PROFESSIONAL EXPERIENCE ELIGIBLE FOR CLINICAL AND ALTERNATIVE TO EXAM HOURS

PLEASE NOTE: For CLINICAL SUPERVISION HOURS, only categories 1 and 2 listed on page 2 are eligible. For hours applied toward the Alternative to the Exam pathway, categories 1 through 8 are accepted. This list is not exhaustive. For clarification or additional information, please contact the IDFPR.

# 1. PSYCHOSOCIAL ASSESSMENTS

- Social histories, Individual Education Plans (IEPs), intake evaluations, etc.
- Administering instruments/surveys (such as: Vanderbilt Assessment Scale, Beck Assessment Tool for Depression, Columbia-Suicide Severity Rating Scale, etc.)
- · Sharing information with clients
- This category may include acquiring the skills to do psychosocial assessments including: observing others, reading about the topic, and learning how to write reports.

# 2. THERAPEUTIC INTERVENTIONS

- Clinical sessions (individual, couple, and group)
  - » Interviews with clients
  - » Skill building
  - » Collateral work with parents/families, school personnel, medical personnel, etc.
- This category may include acquiring the skills to do therapeutic interventions including: reading about interventions, attending trainings, and observing others.
- · Documentation time

# 3. CASEWORK SERVICES

- Case management
- Coordination of care and/or referral
  - » Collaboration with collateral family members, other disciplines (e.g., school and medical personnel)
    - » Making referrals for goods and services

# 4. COMMUNITY ORGANIZATION

- Organization of or participation in community food or clothing drives
- · Working with other disciplines such as police
- Interagency engagement or other efforts that benefit clients at the practice setting

# 5. MANAGEMENT/SUPERVISION

- · Work with auxiliary service workers
- · Shift supervisor at a residential setting

# 6. EDUCATIONAL EXPERIENCES

- Supervision
- Workshops, seminars, consultation, in-service meetings
- Presenting cases
- Reading that is practice-/client-focused
- Preparation time

# 7. RESEARCH

- Research for a presentation or in-service (for teachers, parents, etc.)
- Participation in clinical research
- Grant involvement

# 8. TEACHING

- Teaching skills to groups in a practice setting (agency, school, community engagement, etc.)
  - » Training of peers, staff, parents, siblings, students, etc.
  - » Training groups in SEL (Social Emotional Learning)
- Preparation time



# **Clinical Supervision Hours Tracking Log**

For Supervised Clinical Practice Hours Toward the Illinois LCSW License

#### **COMPLETE MONTHLY**

THIS FORM IS NOT REQUIRED BY IDFPR. Its purpose is to assist the supervisee and supervisor as they keep track of the hours that qualify for the supervisee's supervised clinical practice experience. This form is organized according to the IDFPR VE-SW Form (Verification of Employment /Experience Form) which is the required form the supervisor must complete for the supervisee to submit along with their Illinois LCSW license application upon completion of supervision.

Month/Year:				
Name of Supervisee:	Job title:			
Supervisor Name:				
Supervisor LCSW License number: License Sta	ite: Date License Awarde	ed:		
Name of and Address of Worksite:				
Total number of clinical work hours acquired this month (maximu	um of 40hr/week):			
Date of Supervision:	Choose or Circle One: Individual	or Group		
Length of supervision:				
Date of Supervision:	Choose or Circle One: Individual	or Group		
Length of supervision:				
Date of Supervision:	Choose or Circle One: Individual	or Group		
Length of supervision:				
Date of Supervision:	Choose or Circle One: Individual	or Group		
Length of supervision:				
Total hours of supervision this month (state requires minimum of 4 hours):				
The applicant's performance was satisfactory or better (Choose	or circle answer): YES / NO			
The above indicated clinical experience has been documented by to my order, control, and full professional and legal responsibility contained herein is true and correct.				
Name of Supervisor: Supervisor	Signature:	Date:		
FOR SUPERVISEE USE ONLY:  Total acquired hours out of 3,000 (for MSW)  Add total hours for this month and all previous hours from previous hours.				

# Alternative to the LCSW Exam Hours Tracking Log

For Supervised Professional Experience Toward the Illinois LCSW License

#### **COMPLETE MONTHLY**

THIS FORM IS NOT REQUIRED BY IDFPR. Its purpose is to assist the applicant as they keep track of the supervised professional experience hours required if utilizing the alternative to the LCSW exam. This form is organized according to the IDFPR VE-SW Form (Verification of Employment /Experience Form) which is the required form the applicant must complete to submit along with their Illinois LCSW license application upon completion of professional experience.

Month/Year:		
Name of Applicant:	Job title:	
Supervisor Name:		
Supervisor LCSW License number: _	License State:	Date License Awarded:
Name of and Address of Worksite: _		
Total number of hours acquired this r	month (maximum of 40hr/week):	
The applicant's performance was sat	tisfactory or better (Choose or circle answer):	YES / NO
and reported reflects the hours work was separate from (and in addition to supervised clinical experience per Ru	ised PROFESSIONAL experience under my sup ked during the month/year being reported on to b) the 3000 hours (2000 for doctorate degree a ules 68 IAC Section 1470.20(a).  Supervisor Signature:	this form. The experience I am verifying applicants) completed or counted for
Traine of Supervisors	Super visor digitatare.	
FOR APPLICANT USE ONLY:		
Total acquired hours	out of 3,000.	
Add total hours for this month ar	nd all previous hours from prior months.	